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TRI-VILLAGE BUZZ

October 2019 Issue 222

Visit: www.wasalake.com/buzz

Wasa Youth Wins U12 BC Provincial Water Ski Championships

by Nowell Berg

On August 17th, Wasa/Cranbrook resident Erica Godsave placed first in the U12 category for slalom and first for trick water skiing at the provincial Water Ski Wakeboard BC championships.

With over 70 participants of all ages from across BC assembled at McIvor Lake, Campbell River, it was Godsave's first tournament.

Commenting on her first place finish, Godsave said, "It was really good and fun." On finishing with two firsts, she said, "It shocked me a bit." Very exuberant and excited about the first place finishes, she said, "I'm really happy, I was really going there for the experience as I wasn't quite sure I was going to place or anything."

In terms of the slalom race, Godsave reached 25 miles per hour (mph) and completed 2.5 balls out of 6 for the best U12 finish. The slalom race starts at 21 mph and increases by two mph after each successful completion of the course. Her personal best is 2 balls at 28 mph.



In the trick water skiing competition, Godsave performed several stunts on two skis. She started with two side slides, one on the left and one on the right. These were followed by two 180-degree surface turns clockwise and counter-clockwise. She finished up the trick sequence with two 360-degree spins which gave her enough points to place first.

The other award Godsave received was a plaque for the "Best Crash". "I was leading first in slalom, trying to go for my personal best and I crashed on three ball. I went out the front and the ski came back and hit me in the head." It was a classic Scorpion crash which is defined as, falling on your face while folding yourself in half...the wrong way.

As for her future plans in the sport, "I have no idea, just trying to beat my personal best." Godsave regularly practices trick skiing at Wasa and slalom at a near-by lake.

She wants to send out a "big thanks" to slalom coach Ron Smith and trick ski coach Larry Gould. "It was a great experience just to go there. Since it was my first tournament I was really nervous and everything."

She would recommend other young persons to get involved in water skiing. "The water ski community is so friendly. They just welcome you in, they're just really nice."

She plans on attending the tournament next year but will be moving up a category to U14. Also, she hopes to qualify for BC Summer Games in 2020.

Photo Credit: EricaGodsaveSept2019 – Nowell Berg Photo
EricaGodsaveSept2019B - Kristen Leech/Water Ski Wakeboard BC



House Plants

Milk is a good source of calcium, not only for humans, but for plants as well. ... The microbes that feed on the fertilizer components of milk are also beneficial to the soil. Like us, plants use calcium for growth. A lack of calcium is indicated when plants look stunted and don't grow to their full potential.

After you finish a glass or container of milk, pour a bit of water in the glass or container, swish the water around and pour the liquid on your houseplants. It's a good source of calcium for them and a rinsed container will have no odours.

Shoes TOO TIGHT

This method works best on non leather shoes.

1. Fill a zip-close bag part of the way with water.
2. Place the partially filled bag inside your shoe. Try to arrange it so it's near the tight spots.
3. Now place the shoe and bag in the freezer overnight.
4. The water will turn into ice and expand, giving you a custom stretch for your shoe.

(Thank you Sarah for this hint)

Fall Planting

Garlic is typically planted in the fall or early winter. Garlic roots develop during the fall and winter—before the ground freezes—and by early spring, they start producing foliage.

Helpful Hints



By Sherry Shields
In Memory of Vi Cockell

The BUZZ needs you!

We are looking for volunteers! How would you like to try your hand at submitting one of the following? Fun page, History Bytes (or similar), Articles of interest. Email: trivillagebuzz@gmail.com or call Lori @ 250.417.1570

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Donate your pop cans & liquor bottles (no dairy please), to the Wasa & District Lions Club to help with their scholarship fund. Please call Val @ 250.422.3499 to make arrangements for drop off at the Lions Grounds

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Wildsafe BC

**Have you noticed?
We have bears**

It is once again that time year when we need to be extra vigilant about where we store our garbage, how quickly we process our fruit and vegetables and when we put out food for the birds.

We know we live in a rural area, and interaction with wildlife is a natural course of most days. And it is a large part of the attraction of living in this area - what a privilege to witness wildlife in their natural habitat. But with that privilege comes a responsibility on our part to keep the interaction to a minimum.

Keep your garbage, compost and recyclables stored in a secure indoor location at all times except on the day of disposal. Even an empty garbage can will have smells that may prompt a bear to investigate. If you do not have a secure enclosure and are not able to build one, then freeze smelly food waste until the morning of disposal and keep the container secured to a structure so that it cannot be dragged away. Keep your containers as clean as possible between disposal days.



photo courtesy of Wildsafe BC

While this should be our practice year-round, we need to ensure we are taking these steps especially at this time of year, when the bears are trying to fatten up before their long sleep.

It is also worth mentioning, these are the same steps you can/should take if you want to limit the amount of time deer spend in your yard :)



“Fall has always been my favorite season. The time when everything bursts with its last beauty, as if nature had been saving up all year for the grand finale.”

— Lauren DeStefano

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NEWS FROM WASA VOLUNTEER FIRE PREVENTION and SUPPRESSION

CHIPPER DAY OCTOBER 15 2019

There are 2 very simple things you can do this fall to immediately reduce the wildfire risk to your property:

1. Prune tree branches within 2 metres of the ground
2. Remove combustible surface materials within 10 metres of buildings

Get these chores done and the **branches hauled to the end of your driveway by October 15 and they will all be chipped and disposed of by a chipper (free!) provided by the Regional District of East Kootenay.** There are only 2 small stipulations required to take advantage of this great opportunity: branches must be under 8" diameter and you **must sign up ahead of time by emailing kathymccauley@gmail.com providing your name and street address.** Don't miss out!

NEW WEBSITE <https://wasafire.weebly.com>

All of our resources and news are now available at <https://wasafire.weebly.com> Check it out!

TRAILER SHELTER PROJECT UNDERWAY

Building applications have been submitted to the RDEK and we hope to receive final approval very shortly to begin construction. Watch the Buzz, our website, and the Wasa Community Facebook page for further news.

To learn more about FireSmart strategies to protect your home, go to our website <https://wasafire.weebly.com> for general information and to download the Homeowner's Manual and the Wasa Community Wildfire Hazard Assessment Report. These documents are also available on the home page of the Wasa Lake Land Improvement District www.wasalake.ca

Little Johnny's preschool class went on a field trip to the fire station. The firefighter giving the presentation held up a smoke detector and asked the class: "Does anyone know what this is?" Little Johnny's hand shot up and the firefighter called on him. Little Johnny replied: "That's how Mommy knows supper is ready!"

Become a Local FireSmart Representative!

Free Workshop at Days Inn, Cranbrook

October 23 - October 24 2019

The Local FireSmart® Representative workshop was developed by Partners in Protection to assist community leaders and fire professionals to become familiar with and implement all components of the FireSmart Canada Community Recognition Program. This workshop enhance your understanding of wildland fire behavior, how homes and structures are threatened by wildfire, how to systematically recognize wildfire hazards, and the full range of FireSmart mitigations for reducing wildfire risk. Follow this link for more information or to register <https://firesmartbc.ca/events/category/course>

Safety guidelines and things you need to know:

- Minimum of 2 people in the Gym at all times
- All users must sign in with date and time
- All users must sign a Wasa Recreation Programs User Waiver located at the sign in desk
- All users are required to wear "gym shoes" - no street shoes permitted
- All users must use the safety key on the Walking Machines
- Cost is a loonie or twoonie
- Have fun and be safe!



GYM HOURS AND INFO

For Gym Schedule Please Contact:

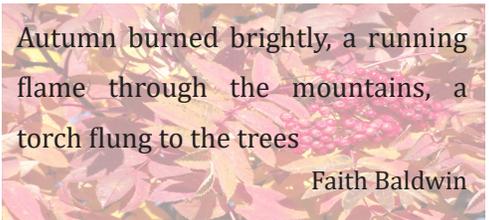
- Sonia Blackwell at 250.421.3019 or
- Rod at 250.422.3253

We're open to suggestions, give us a call if you know 2 or more people that would like to attend at a time not indicated.



The **Wasa Recreation Society** manages the Wasa Community Hall. The main objective is have a Community Hall that is viable for events and recreation of the community. Through fund raising, volunteering and rentals we are able to have an economical community hall for our community. The Recreation Society meets the last Wednesday of each month at 7:00 in the basement. The meetings are open for anyone wanting to attend with new ideas or becoming part of the Society committee.

- Hall Rentals and Information:
Karen Markus 250.422.3514
Bonnie Meena 250.422.3795
- Gym-Sonia Blackwell
250.421.3019, Rod
250.422.3253
- TOPS - Susan 778.524.0012
 - Library-Judy McPhee
250.422.3766
- Quilter's Club - Linda Sungaard
778.524.4456
- In addition, BINGO's are held on the **2nd Tuesday of each month** at the Wasa Hall. Early bird starts at 6:30 p.m. and regular at 6:45 p.m.



Wasa Community Church



“O Lord, my heart is not lifted up; my eyes are not raised too high; I do not occupy myself with things too great and too marvelous for me” (Psalm 131:1 ESV).

If you were to ask me which books of the Bible were good to read, I'd probably first say, “Well they're all good.” After that, I'd likely give you more of an answer and some suggestions, but it is true that all the books are good. It is, after all, the Word of God. However, it's easy for some to get consumed by certain topics brought forth by the Word that do not hold great importance. The main focuses should be on the Gospel (what Jesus did for us by dying on the cross for our sins and rising again, and how by repenting and putting our faith in Him, we are forgiven our sins and allowed into heaven once we die), how to live our lives (loving God with all our heart, loving others as ourselves, and all that stems from those things) and learning about who God is (the Creator, the One True God, who is faithful in all He does, never breaking His promises).

There are more very important things, but even those of lesser importance are great to study and still direct us to those main three things. The more you learn, though, the more questions you have, and while it's good to question and to dig into the Scriptures for answers, you won't always find everything you're looking for. There are things about God that go way beyond what we can understand, but also things we do not need to know that are kept from us. When you get into a topic such as the future end times (eschatology), there are so many different views you can plunge yourself into, trying to find which one is right, which is actually quite fun. However, there's not enough given about that subject in the Bible to be able to say “I know with certainty exactly which view is right,” and when you devote yourself to a topic such as **that to the point where you begin to neglect the study of the more important truths of the Word, it begins to become unhealthy.**

It needs to be understood that there are things about God that are too great for us to understand, and we should be okay with not knowing everything. It's great to search those things out, but try not to occupy yourself with them so much that you push aside searching out what is of utmost importance. Knowing the secrets of God holds nowhere near as much value as understanding fully His vital truths and acting accordingly, in love and truth.

- Pastor Jon Malpass, Wasa Community Church
(services Sunday @ 10:30am), (250) 464-4419

Wasa Lions Medical Equipment Loan Cupboard

Have you had a recent Injury?
or have plans for Surgery?

The Lions may be able to assist with a 3-month loan of Medical Equipment. For loan information or equipment donations to the Cupboard
Contact: Sharon 250.422.3227
or Val 250.422.3499

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Happy Fall everyone. The Wasa Lion's is growing! Four new members were inducted at the Sept. 16th meeting and more are on the way. New members are always welcome. If you are interested in becoming part of our club, please contact a Lion's member or our membership director, Laurie Kay @ 250-422-3288. We have a major project underway with replacing the wooden floor on the outdoor kitchen with concrete. More hands make shorter work times! Phone me @ 250-422-3755 if you are available to help with this.

The Wasa Lion's assisted the East Kootenay Grand Fondo at the rest station north of the old dragstrip this month. There were 500 cyclists in the race altogether. Not all came through Wasa, but there were a good number that did.

The Lion's also provide security to the Marysville Fall Fair at the arena Sept. 26 and 27th.

Just think, you too could be part of our amazing group! haha

Til next month, enjoy the plethora of spectacular fall colours in our area. Remember, If you find you have more fruits or vegetables than you can use, the Kimberley Helping Hand Food Bank always welcomes more.



Lake weed growth/spread

Whilst the remit for WLLID is broadly around quality of water and land improvements around the lake, weed management is not really within the mandate of the organization. However, in response to enquiries from the community, WLLID decided to look into weed growth management

in lakes to see if there were any practical solutions.

We found that this is a complex issue. Weed spread tends to go through natural phases of growth and decline. Amongst many other factors, nitrates from fertilizers used on lakeside gardens can contribute to increased growth and motorized boats and circulation of the water can also help spread seeds further around the lake.

Although we try to educate residents, with regards to the use of nitrates/fertilizers; the need to keep septic systems well maintained, these matters are beyond the control of WLLID.

Management of weed spread is likely to be impractical and of limited success due to regrowth. Action would need to involve other organizations that have responsibilities for lakes and parks. Localized management of small areas, such as public swimming areas, may be a more realistic option. This would likely be costly and the process would need to be repeated periodically.

WLLID recently began monitoring weed spread using aerial photography. This process will be used to help identify growth patterns, through time, and the potential impact on lake users.

Finally, it would be helpful if residents and lake users identify any areas of the lake you are particularly concerned about weed growth.

WLLID annual shoreline cleanup Sunday September 22

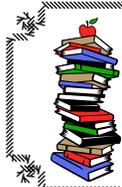
An excellent turnout of volunteers showed up for the annual Wasa Lake shoreline cleanup now that the summer season has drawn to an end. The cooler summer saw a slightly smaller number of visitors to the lake this year and some areas around the lake had surprisingly low levels of trash. However, the cleanup always proves not all users of the Wasa Lake beaches are as respectful as the majority. Amongst the usual suspects of cigarette butts, bottle tops, candy wrappers etc. volunteers collected all manner of other items such as laminate flooring, concrete blocks, steel cable and items of clothing.

The shoreline cleanup also confirmed the ongoing problem of deteriorating docks. Significant amounts of Styrofoam of various sizes and color. Earlier this season a couple of deteriorating docks were dismantled and replaced by owners and we would like to thank them for their cooperation in maintaining a healthy lake and waterfowl population. However, if you have a dock with pink or white Styrofoam we would ask that you please check its condition.

Many thanks to the dedicated team of volunteers who gave their time to ensure that the lake shore will be clean for the winter and for users of the beaches next season.



WLLID Board



WASA COMMUNITY LIBRARY



Open Tuesday 11:00 am to 1:00 pm or by appointment (call Marg Burrin @ 250.422.3565 or Rose Smith @ 250.422.3088)

submitted by Judy McPhee

HEREWITH, A PRESCRIPTION FOR BOOKS TO LOOK FOR AND READ DURING THE FALL AND WINTER ON THE FOLLOWING TOPICS;

1. HUMOR- for those who like lots of laughs!
2. CAREER- geared for working people.
3. ADVENTURE- for those of you who like adventure stories

HUMOROUS BOOKS

"THE BEAR IN THE ATTIC" by Patrick F. McManus

A variety of outdoor stories told with humor and lots of things to laugh at.

"THE NIGHT THE BEAR ATE GOOMBAW" also by Patrick McManus.

Another entertaining, humorous book, full of more stories to make one laugh and reflect on ones own life.

"POCKET GIRDLES" and other confessions of a Northwest Farmgirl" by Marianne Love

Marianne and Patrick both come from the Sand Ceek, Idaho region in U.S.A.

These three books are full of true stories of amusing events occurring in the Sand Creek area. Many happy chuckles to lighten an evening.

CAREER

"BEWARE THE NAKED MAN WHO OFFERS YOU HIS SHIRT" by Harvey Mackay

"A young person's most profitable investment is to give his best to his/her employer. Roger Babson, (New England Financer)

This book details a roadmap and strategies for being one step ahead of the crowd in your career or personal life. It offers practical day by day help and tips for getting ahead, understanding what makes people tick and life lessons.

Even if you have retired, it is thought provoking, witty and full of wisdom.

ADVENTURE

"LIGHTEN UP GEORGE" by Art Buchwald

From chef at the Whitehouse and being fired over a fight with Jackie Kennedy over how long to boil soft eggs to balancing the federal budget for George Bush to swim coach for Luci Baines and Lynda Bird during Pres. Linden Johnson's term to columnist for 550 newspapers, Art

Buchwald will certainly capture your attention as you read each chapter, a book on different facets of life. A lighthearted" read!

"CHASING SUMMITS" by Garry Harrington

A book of self discovery and spiritual awakening, Garry lived a busy life as a family man and sportswriter. As a family man and sports writer, he gave up his athletic and climbing endeavours, gained weight and did not even recognize himself in a picture looking at himself upside down. His life and marriage was falling apart, he began to rethink his life and decided to fulfil his dreams by climbing again, eventually climbing a thousand peaks, but missed summiting Denali in Alaska due to poor weather.

Full of captivating climbing stories from all areas of U.S.A. and around the world, Garry fulfilled his dreams and encourages the reader to think about their dreams and fulfilling them.

"CHEADLE'S JOURNAL" by Walter B. Cheadle

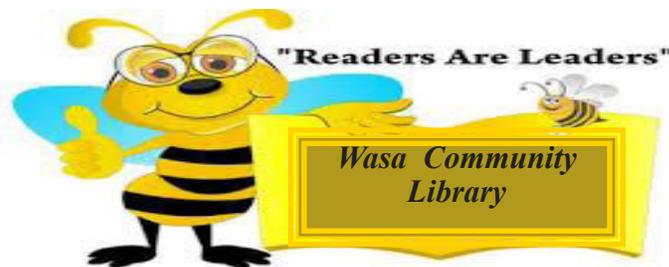
Want to find out about travel across Canada in 1862-1863 and what Canada was like then?. This book tells you about Canada's wilderness during this time in our history. It documents Dr. Walter B. Cheadle and his friend, Lord Milton's traverse across Canada. Leaving England, landing in Quebec, going by various means of transportation to Fort Garry and then by horseback across Canada through the Yellowhead Pass. They arrived in Kamloops, gaunt, starved and haggard, where they regained their strength before proceeding to Victoria. They then went by boat and stagecoach to see the goldfields of the Cariboo before heading back to Victoria and overseas.

This book is the journal of Dr. Cheadle and Lord Milton's trip across Canada 156 years ago.

"Yesterday is to learn from;

Today is to live in;

Tomorrow is to plan for"





Words of Wisdom

In the Pursuit of the True Self

*"An adventure to be followed" –
Part 7 and End*

In the previous six articles, we demonstrated that the real "you", as Pure and Unlimited Consciousness, is covered by five main layers or sheaths. In the pursuit of our True Self, we have examined the clear distinction existing between these different layers covering the Self, also called the "Atman" in Sanskrit. Now, it is time to conclude this inquiry by trying to grasp the very concept of the core of our Divine Presence.

The Self – The Atman

Self-Realization is to become what you really are, without any deformations or alterations; beyond perceptions, beyond mental imagination, beyond knowledge, and beyond what you think you've been. Self-Realization is the State of pure Awareness of the Reality as it is.

You cannot admire the Self; you can only be the Self. Self-Realization is described as Sat Chit Ananda:

-**Sat** stands for Pure Existence or Presence.

-**Chit** stands for Pure Awareness or Consciousness.

-**Ananda** stands for Pure Oneness or Bliss.

It is the "I am that I am" expressed to Moses by God. It is the Alpha and the Omega of your very nature. In the Self, there is no you, there is no me, there is only the One without a second. In the Self, there are no limitations within time and space; there is nothing to be

affected, neither by the ripples of time and space nor by the causality of events. In the Self, there is no birth, there is no death, and there is no Karma.

The individual life that you have considered as "you" being separate from the rest of creation will melt into the immutable consciousness that penetrates the immense manifestation of nature; and through Self-Realization, the material and temporal world will be transformed into infinity: the beyond of the beyond!

Through the Atman, the sense of duality, which was for a long time limited to your vision as a separated being, disappears. For the Self-Realized being, life is a continuous flow of eternity. His life, no matter its circumstances, is always the expression of the same beauty, the same grace, a true flow of joy which showers the entire creation. Such a life covers, envelopes, impregnates and absorbs within itself the visible creation and the invisible and immutable essence of what is unmanifested. Knowing and realizing this Truth brings forth such joy, such liberation... that is simply inexpressible in words.

Every human strives to achieve the eternal values of life. He knows that this accomplishment is based upon the peace and bliss of the true Self, the Atman. The immutable truth can only come when the mind is fully merged into the Self. The truth is revealed as soon as the mind changes its attitude regarding the different Koshas (coverings), regarding Vasanas (limited desires) and Samskaras

(emotional memories). When the desire for the pleasures of the senses and vain aspirations is extinguished, then the Ultimate Desire appears. The Ultimate Desire is one of fulfillment, completeness and oneness. It is greater than an ordinary desire; it is the true meaning of the word "Aspiration". Realizing the Atman is to put yourself in harmony with the Eternal Reality; it is reaching God, the Divine.

One single substance, one single essence, such is the Reality of Creation. What looks like multiplicity is only the variation of one single original Principle of Unity. The human being made of the body, emotions, mind, intellect and Atman is in fact the expression of the entire Divine Life. Everything is the Divine! Such are the words of all Sages who have understood this Unity of life!

May the Quest for the Divine within you become your Ultimate Desire beyond your worldly activities.

May Self-Realization be granted to each of you during this lifetime.

With Blessing and Love,

**H. H. Gurudev Hamsah Nandatha
Adi Vajra Shambhaslem Ashram**

Venerable Gurudev Hamsah Nandatha has withdrawn from regular public teachings to intensify his prayers and meditations for the world. To be notified of occasional lectures, you can request to be added to our emailing list. Visits of the Ashram are by appointment only.

For more information, please contact the Ashram at ashram@adivajra.ca or (250) 422-9327.

**VOLUNTEER OPPORTUNITIES
WITHIN THE COMMUNITY**

Are you new to the Community? Recently retired and have time on your hands? Want to meet neighbours? Just love to get involved and give back? We might be able to help with that!

Because our Communities are small, we rely very heavily upon Volunteers. And there are so many areas that would benefit from any skills you have to share. I encourage you to take a look at the list below and call existing members to see where you can help out.

- Wasa & District Lions Club
- TriVillage Buzz Newsletter
- Wasa Recreational Society
- Bingo
- Wasa Lake Land Improvement
- Armchair Traveller
- Wasa & District Historical Association & Memorial Garden Group
- Wasa Community Library
- Tri-Village Kids Club
- Wasa Gym
- Wasa Pancake Breakfast

are a few of the areas that would welcome new members. Step up, step out, expand your horizons. We would love to see you!

"Volunteering is a work of heart"

How do leaves get from place to place? With autumn-mobiles.

Wasa TOPS

Friday mornings downstairs
Wasa Community Hall
Weigh-in 8:30 - 9:00 am
Meeting 9 - 10 am
Everyone welcome - Contacts:
Susan 778-524-0012
or Irene 250-422-3686



**TAKE OFF POUNDS
SENSIBLY**

Welcome Neighbors & Visitors

Groceries Cold Beer
Ice Cream Wine & Spirits
Fast Food Lotto!

Wasa Lake Gas & Food

250.422.9271

Groceries @ Ice Cream @ Fast Food

@ Cold Beer @ Wine & Spirits

@ Gas & Diesel @ Premium

@ Propane @ Wash Bay

@ Lotto @ ATM

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Summer: 6:00 a.m. to 10:00 p.m.
Winter: Contact store for hours

www.wasagasandfood.com

Heirloom Tomato Salad with Pomegranate-Sumac Dressing

SERVES 4

- 3 tablespoons extra virgin olive oil
- 1 tablespoon pomegranate molasses
- 1 teaspoon lemon juice
- 2 teaspoons sumac
- Freshly ground black pepper
- Fleur de sel or other flaky finishing salt
- 2 pounds tomatoes
- 1 small shallot, thinly sliced
- 1 tablespoon each of fresh basil, mint, and parsley leaves



INSTRUCTIONS

Whisk together the olive oil, pomegranate molasses, lemon juice, sumac, and pepper, and salt to taste. Slice the tomatoes into 1/4-inch-thick slabs. Arrange the tomatoes and shallots on a platter and drizzle with dressing. Depending on the size of the herbs, you can leave them whole or tear the leaves into smaller pieces. Scatter them on top of the tomatoes. Finish with salt. Best eaten soon after assembling. Top Tips: Serve the herby couscous (minus chicken) as an accompaniment to grilled fish or roast lamb, or alone for a tasty, meat-free dish.



photo by Tanya Yost-Munro

The Kootenay Ice Agers Women's hockey team went undefeated at the 2019 Kelowna 55+ BC Games held September 11th – 15th.

The fifteen player squad went through round robin play with four wins, before skating their way to a 1-nothing victory in the gold medal game over the Lower Mainland Sharpshooters.

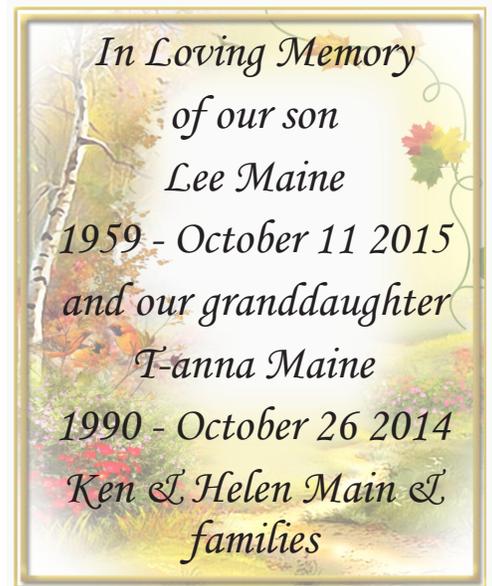
Sandy Hughes scored the game's only goal for the Ice Agers.



Jean Terpsma earned a shut-out in the tournament final.

(source: thedrivefm.ca)

Back Row, left to right: Jacqui Brown, Ass't Coach; Bernice Dwan; Shauna Walls; Carol Canning; Sharon McDowell; Kelle Maag; Nikki van Engelen; Jean Terpsma; Gina Alaric; Rick McFarlane, Head Coach. Front Row, left to right: Melanie McFarlane; Sandy Hughes; Lori Graham; Diane Butz; Sherra Jones; Betty Carmelo; Marlyn Donaldson. Photo by Ronald Mullins, 2019 55+ BC Games



In Loving Memory

of our son

Lee Maine

1959 - October 11 2015

and our granddaughter

T-anna Maine

1990 - October 26 2014

Ken & Helen Main & families

Wasa & District Historical Assoc. & Memorial Garden Group

submitted by Sherry Shields

News from the AGM meeting held September 19, 2019.

Two members of our society are retiring their positions.

Naomi Miller will be moving to Cranbrook. Thank you, Naomi, for your years of commitment. Your wisdom and help over the years are appreciated.

Sandy Kay – Our “Keeper of the Garden” is retiring her position. Sandy & Laurie have given unlimited time and energy into keeping our garden a peaceful and relaxing place to visit loved ones. Your dedication to the overall appearance of the garden is apparent in all you have done; Safety, shade, noise, colour, ambiance - well done. Sandy & Laurie, you will be missed.

Sherry Shields will be replacing Sandy as “Keeper of the Garden.” She has big shoes to fill and is ready for the challenge.

The gardens' wooden benches and water wheel will soon be covered for the winter.



ZUCCHINI!!!

Anyone encounter this lady around Wasa this summer with her friendly smile and a boxful of zucchinis?



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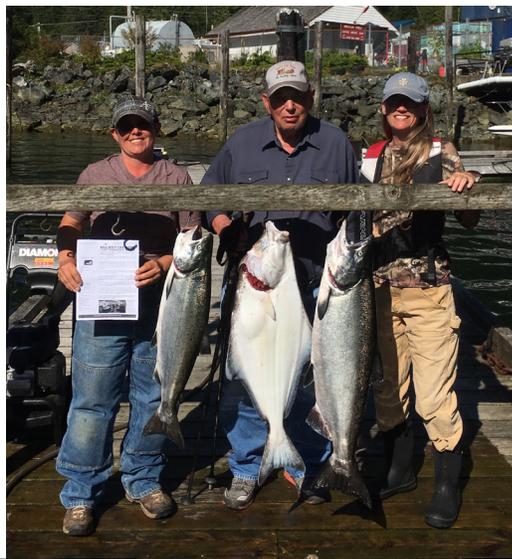


~ Beautiful memories silently kept, of one that we loved and will never forget. ~

Where do
you take your
BUZZ?



Sarah Shields, Stu Laurie and Sharon Demaine took their Tri-Village Buzz fishing to Zeballos, BC.



Email your photos with "The Buzz".

Your picture will be featured in the current issue of the Buzz and your name will go into a draw for the

"2019 Where do you take Your Buzz" contest.

Email:
trivillagebuzz@gmail.com

TRI-VILLAGE KIDS CLUB

2ND ANNUAL

**TRUNK
or
TREAT**

THURSDAY OCTOBER 31

FREE COMMUNITY EVENT, EVERYONE WELCOME!
5:00 PM-7:30PM (PLEASE ARRIVE EARLY IF HANDING OUT CANDY)
WASA LIONS GROUNDS, 6145 WASA SCHOOL ROAD, WASA, BC

TRIVILLAGEKIDSClub@YAHOO.COM

[FACEBOOK.COM/TRIVILLAGEKIDSClub](https://www.facebook.com/trivillagekidsclub)

Made with PosterMyWall.com



**Greetings
Buzz Readers!**

We hope you all enjoyed a fun-filled summer and had a smooth "back-to-school" transition.

Now that the hustle and bustle of summer is winding down, the TVKC is pleased to announce our next event: our 2nd Annual Halloween Trunk-or-Treat at the Wasa Lions Grounds on Halloween (October 31, 2019) from 5:00pm – 7:30pm, if you are planning to hand out candy, please meet at the grounds prior 5pm to set up your vehicle and get ready for all the trick-or-treaters. This event is free of charge and open to all community members. Even if you're not treating you are welcome to come down and join us for a family friendly bonfire. Please feel free to dress your best and even decorate your car. We look forward to seeing all those ghosts, goblins & ghouls in their best costumes!

Don't forget – we are looking to expand our group and involvement. If you're interested in joining us, volunteering and helping out, please feel free to contact us via email at trivillagekidsclub@yahoo.com or find us on Facebook at [facebook.com/trivillagekidsclub](https://www.facebook.com/trivillagekidsclub).

~the Tri-Village Kids Club

Internet Connectivity Performance Test

If you have a internet at your home or business please do these speed tests. As local government representatives, we have been trying to get more funds to improve the internet speed in our areas. The internet costs are higher in the rural area and the service is not sufficient for personal or businesses needs.

Columbia River Treaty (Local Government Committee LGC)

We have had meetings and have discussed the treaty negotiations throughout the summer and we also met before the Trans boundary conference.

The three top items that were discussed were **Flood controls** (during spring freshet), **Electrical power** and the **Environmental concerns** (riparian, water levels in the reservoirs, are some of the concerns).

During the conference there was a large discussion about restoring the salmon to Columbia Lake and bringing back the bull trout.

They are going to hold public meetings this fall to hear what the residents concerns are, and to answer any questions that you may have.

The meetings will be held:

- Cranbrook Tuesday Oct. 22 Cranbrook Public Library
- Jaffray Wednesday Oct. 23 Jaffray Community Hall
- Invermere Wednesday Oct. 30 Columbia Valley Chamber of Commerce

All of the meetings will start at 5:30 p.m. to 8:30 p.m. There will be a light meal available.

You can learn more at engage.gov.bc.ca/columbiarivertreaty

I cannot believe how fast the summer has gone. I hope everyone had a chance to go enjoy the pancake breakfasts this summer. I want to **Thank** everyone that volunteered at the pancake breakfasts. These breakfast funds that are raised truly help the various groups throughout the area.

I hope everyone has a good month. Please contact me if you have any questions or concerns. s.janewalter@gmail.com or call 250-427-2577

HELP STARTS HERE... HELP STARTS HERE

VICTIM SERVICES

250.427.5621 Call Anytime 24/7



"No one is useless in this world who lightens the burdens of another."
— Charles Dickens

Many of you have a story, adventure or life stories about people you know in our area that happened in years past and you are eager to share so that the history is not lost. I would like to include them in the "Following the Trails of Yesterday" page. Please phone me if you would like to contribute to the column at 250-422-3766 or email me at -- judymcphoe9@gmail.com--

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NEWS RELEASE:

Online Portal Seeks to Test Internet Connectivity Performance Across the Basin and Boundary

Residents in the Columbia Basin and Boundary regions are being urged to try out a new online testing portal which is designed to measure internet connection speeds.

“The Regional Broadband Committee has been working to get a better understanding of current broadband services and to advocate for high-speed internet for residents and businesses within the Columbia Basin and Boundary regions,” explains Regional Broadband Committee Chair Rob Gay. “This online portal will provide us with specific data and give us a much clearer picture of the true state of our current connectivity.”

Residents can access the testing portal and run the performance test as many times as they would like and the Committee is hoping to see strong participation. “The more data we collect, the greater our understanding will be. We are hoping to see people from every geographic corner of the region participate,” says Gay.

The data will not only be helpful in providing the Committee with valuable data, it will also help to prioritize areas of need, and be useful in determining eligibility for federal and provincial connectivity granting programs.

Although there has been some work done to identify the state of connectivity in rural regions such as ours, to date there is a shortage of accurate and quantifiable data. “This performance test will help us close that data gap and we strongly encourage residents to login at least once,” adds Gay.

The online portal can be accessed at: <https://performance.cira.ca/columbiabasin>. Participants provide their location and hit start. The test takes less than two minutes to run.

The Regional Broadband Committee was established in 2014 and includes elected officials from Columbia Shuswap Regional District, Ktunaxa Nation Council, Regional District of Central Kootenay, Regional District of East Kootenay, Regional District of Kootenay Boundary and Village of Valemount.

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- Metal Frame Docks
- Floats & All Hardware
most items in stock



FOLLOWING THE TRAILS OF

Yesterday

submitted by Judy McPhee

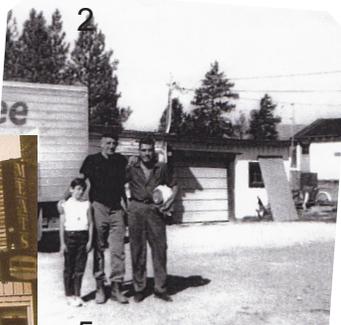
History

"All history has more than one version. It can perhaps be likened to a river. Creeks and streams feed it along its route, merging with the mainstream. Each spring freshet is another contribution to enlarge the flow. Other versions may amplify it or contradict it. In this way history grows, irrigating dry memories."

Rodney Touché in the book "Brown Cows, Sacred Cows" In the words of Banff poet, historian and columnist, Jim Whyte; "History is a slalom course through different versions of the truth."

We have been well served in the past through our history book, Kootenay Ripples published in 2002 and the TVB. Some of you may come across historical pictures not shared before in your photo collections. If you would like to share them through the TVB in future collages, please take a photo of them and send to Lori Vandette at trivillagebuzz@gmail.com or phone her at 250-4171570 or myself, Judy at 250-422-3766. Thank you. Judy McPhee

BRINGING OUR STORY TO LIFE



1. 1930's, Martin Morigeau, farmer and cougar trapper and Ben Rauch with son, Bob
2. Lorraine and Frank Glover with war buddy
3. 1944 Arden (Rankin's) Holmes and Bill Rankins, Wolf Creek Ranch behind, home built around 1880 before ranch home. Now, the Ft. Steele Blacksmith Shop.
4. 1950's Kimberley before construction of the Platzl
5. 1956 railroad replacement bridge
6. 1959 1950 cars used by Locke's to learn how to drive on boxcar properties.
7. Fort Steele home before renovations in the 1960's
8. Wink Bradford canoeing with friends on a 1971 canoe trip celebrating B.C.'s Centennial from Stuart Lake to Victoria BC
9. Main Beach Store owned by Frank "Moose" and Belle Glover, 1953-1973
10. 1974 Dixon's teepee, made by AB Natives, painted by Herme Dixon
11. 1978 sandcastle competition, held for many years at Wasa Beaches



12



13



14



15



16



17



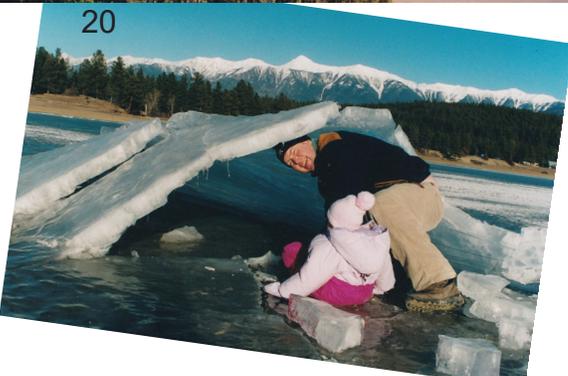
18



21



19



20



22



23

12. 1980's windsurfing was the primary water sport 13. 1985 Fort Steele show with Tink and Judy 14. May 22, 1988- first service of Wasa Community Church 15. 1993 the community garbage dump 16. 1994 Maria Minne and friend, Agnes Carlson in front of her restaurant 17. 1997 Kids Club at the Wasa Hall 18. 1996-400 acres under water(both sides of Kootenay River) 19. 2000 construction of the store, gas station, restaurant at the north end of Wasa 20. 2006 February ice phenomom - have never seen anything like it, before or since (Lloyd McPhee with daughter, Katrina) 21. Ken Miles and 'Monet' "flowers, flowers, I must have flowers" 22. Lloyd McPhee at the miner's hut halfway up to the Estella Mine 23 96 yr old Grace Bodin restacked a wood pile 'properly'

RULES & REGULATIONS YOU SHOULD KNOW:

Members of the public who wish to cut firewood on Crown land for personal use must have a "Free Use Permit for Firewood" from each Natural Resource District where they intend to cut, issued by the appropriate District Manager or designate.

ONLY DEAD OR DOWNED TREES MAY BE CUT FOR FIREWOOD.

There is no charge for this privilege, only a commitment to abide by a number of simple rules that are outlined in the permit. Each permittee must:

- Carry the permit and associated maps at all times
- Read and understand the conditions of the permit prior to signing, conditions differ between districts
- Produce the permit at the request of a Natural Resource Officer, Conservation Officer or Peace Officer

Cutting firewood on Crown land without this permit may result in confiscation of the wood and charges. It is up to the permit holder to determine whether they are cutting on "vacant Crown land" and not private land or First Nations reserves.

Moving firewood can spread invasive species and diseases. B.C.'s forests are threatened by non-native insects that can damage trees. Moving firewood from one area to another increases the risk of spreading disease, fungi and pests. Plan to burn firewood in the area where you collect it or buy it. Learn more about stopping the spread of invasive species and diseases.

Each district is operated differently so please contact the individual districts where you plan on cutting for more information, and remember to carry your permit with you at all times. To determine which district you are interested in a permit from, refer to the district/region map.



Trap lines will be active between October 1st to April 30th. If you are in the habit of taking your dogs for off-leash walks in our area, please watch for the signage that should be very visible, to keep your pets safe.



Hunting season is upon us - be aware of your surroundings, wear high-vis if you're going on any backcountry walks, and report poachers.

Winter tires required from October 1st to April 30th.

INFORMATION BULLETIN - Open burning prohibitions amended in the southeast Effective at noon (Pacific time) on Tuesday, Sept. 10, 2019, Category 2 and Category 3 open burning prohibitions within the Southeast Fire Centre's jurisdiction will be amended, due to a decreased wildfire risk. A map of the affected areas is available online.

Category 2 open burning will be allowed throughout the Southeast Fire Centre's jurisdiction. A Category 2 open burn permits: one or two concurrently burning piles, no larger than two metres high by three metres wide; and the burning of stubble or grass over an area less than 0.2 hectares. The use of fireworks, burn barrels, burn cages, sky lanterns and exploding binary targets will also be allowed.

Category 3 open burning will be permitted throughout the Arrow, Kootenay Lake and Columbia fire zones within the Southeast Fire Centre's jurisdiction.

However, a Category 3 open burning prohibition will remain in effect for the Boundary, Invermere and Cranbrook fire zones. The BC Wildfire Service thanks the public for its continued support, vigilance and co-operation during the fire season.

To report a wildfire, unattended campfire or open burning violation, call 1 800 663-5555 toll-free or *5555 on a cellphone. For the latest information on current wildfire activity, burning restrictions, road closures and air quality advisories, go to: <http://www.bcwildfire.ca>

HAY FOR SALE

Please call Mike to make arrangements

250.420.1660



LANTZ FARMS

September 20, 2019

To MLA Doug Clovechok,

We are writing today to formally address the problems surrounding the seal-coating of the roads in Wasa, and to request, on the record, to clear answers about what steps will be taken this year to ameliorate the serious negative impact those issues have had on the quality of life of local residents.

A summary of the problems include: broken windshields, tar stuck in the paws of pets, jagged and unsafe road edges, lumpy gravel on the roadsides and loose gravel on formerly smooth roads. The gravel used for the seal-coating is so large and so sharp that it can be felt even through the soles of good walking shoes. The uneven and uncompacted gravel on roadsides, makes walking and cycling unsafe for adults as well as children. Children can no longer play on the quiet side roads, something that has always been an attractive feature for families. Scooters, strollers, roller blades and wheelchairs are now things that are not easy or impossible to operate and maneuver on these roads.

A summary of the answers provided by MLA Doug Clovechok and RDEK Area E Director Jane Walter, and the MOTI representatives include: a single apology for not providing prior notification of the seal coating to Wasa residents by Hilary Barnett with MOTI. Our local MLA and Area E Director have, commendably, listened to resident's concerns and were appropriately responsive in coming out to Wasa to see the problems, in setting up a public meeting and in getting MOTI and Mainroad to attend that meeting to answer questions. However, the answers given are utterly inadequate for the situation: no-one can or is willing to do anything other than getting Mainroad to remove any gravel that landed on residential lawns. MOTI representatives clearly stated that MOTI will not do anything further to the roads until next spring, by which time they expect the seal-coating to have smoothed out. The assertion that road conditions will improve by next spring is, in itself, an admission that they are currently in a state that needs to be improved.

The mandate of both elected and appointed officials, is to serve the needs of their various communities, something that has clearly not been accomplished. From the initial total lack of community involvement, to lack of notification of the proposed road work and on to the lack of meaningful response to citizen concerns, there has been no accountability other than Hilary Barnett's apology

The simple fact is, Wasa residents are facing a situation in which their quality of life has been seriously, negatively impacted. To date, the elected officials and the provincial Ministry that is responsible for that negative impact, are all saying, in essence, "Sorry, we can't do anything, you will just have to wait until next spring." It is totally unacceptable that no-one is holding themselves accountable for the major disruption to the quality of life of Wasa's residents.

We submit that, going forward, all the above concerns deserve clear and specific solutions. The residents of Wasa are entitled to more than just an information meeting at which no solutions were offered. We are entitled to be given answers that address the unacceptable condition of our roads.

We want to specifically ask, for the record, exactly what steps are going to be taken, to immediately restore the roads in Wasa to a responsible level of public safety? That is, what will be done to remove or compact and even out road shoulders, what will be done to stop the tar oozing out, and what will be done to speed up the compacting process? Will anything be done about the size and dangerously sharp gravel?

Lastly, we wonder why our community had our roads downgraded from asphalt to seal-coated while communities only an hour away like Windermere and Wilmer have in the past 30 days had their roads upgraded with new paving?

Thank you for your time and consideration,
Harold and Donna Hazelaar. Residents of Wasa, BC

Cc: RDEK Area E Director Jane Walter

Cc: MOTI Hilary Barnett and Jason Templeton

Garden Facts & Fables

Our summer has wound down and Fall has begun. And with it, it's own chores as well as it's own beauty. Less bugs, more time around the fire pit, canning to be done, fall planting to finish What is your favourite part of Fall?

Fall is a great time to plant hostas!

Do NOT use wood chips for winter cover! Wood chips may cause your plants and their roots to rot.

Plant bulbs Plant spring blooming bulbs in September or early October.

Divide bulbs Divide summer and fall blooming bulbs after the foliage has yellowed.

Lift tender bulbs After the first frost, dig up dahlias, gladiola, cannas and begonias. Wait for the foliage to yellow and store.

Lower the blade Lowering the blade again on the lawn mower as temperatures cool even more. You should be mowing quite short the last time or two. Long grass going into winter provide bedding and cover for rodents, and can lead to snow mold next spring.

Plant trees If the weather doesn't turn cool quickly, you can still plant container grown or balled and burlap trees and evergreens in very early October. Make sure they get plenty of water to establish roots before the soil freezes.

Water evergreens Keep watering your evergreens right up until the ground freezes. They will continue to draw and store water until the roots are frozen.

Water shrubs and trees Keep watering shrubs and trees thoroughly in fall. They will reduce water intake on their own to prepare for dormancy, so don't decide for them when to reduce by withholding water. Plants that keep growing late in autumn, such as rhododendrons, evergreen azalea, boxwood and holly, are susceptible to early freeze damage. They need to be well watered until the ground freezes to protect them from damage.

Protect trunks Young tree trunks and shrubs can be protected from damage by mice, rabbits and deer by installing a barrier. For trees, slit plastic sleeves are available at garden centers. Or wrap with hardware cloth. A chicken wire fence installed around shrubs with stakes works well for young shrubs.

Feed the vegetable beds Dig compost or manure into the vegetable beds. You can dig shredded fall leaves into the beds too.

Start another compost Shred your fall leaves to start another compost pile. Add weed free garden waste.

Clean out containers After frost has killed your container plants, empty containers into the compost pile. Clean and store clay and ceramic pots in the garage so they don't crack. Remove crusted minerals from clay pots by soaking in water for several hours. Scrub with steel wool and dish soap if needed.



Have you
planted your
garlic yet?

*Leaves of Gold-
(their former green),
The richest color
briefly seen.*

*A canopy
of purest light,
Falls glittering down-
into the night.*

*As winds of change
draw ever near,*

*The trees-
They seem to have no fear.*

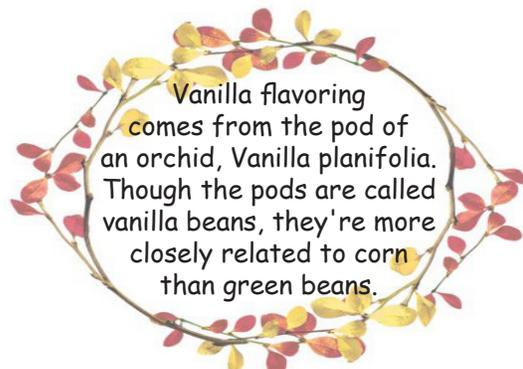
*They know it's time-
They must transform.*

*And with that,
Something new is born.*

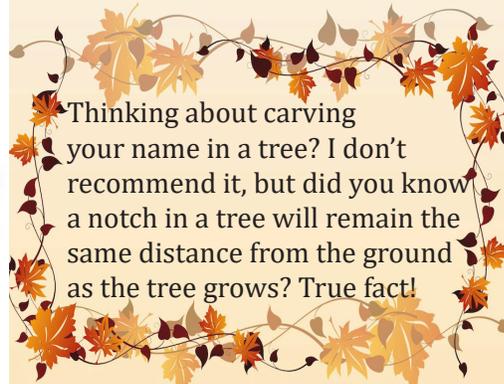
*And so it's been,
Since the dawn of time-*

*All things must learn,
To bend with clime.*

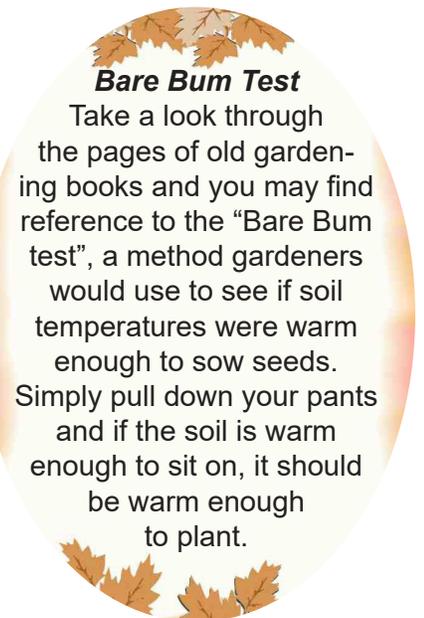
Rebekah Ann Stephenson



Vanilla flavoring
comes from the pod of
an orchid, *Vanilla planifolia*.
Though the pods are called
vanilla beans, they're more
closely related to corn
than green beans.



Thinking about carving
your name in a tree? I don't
recommend it, but did you know
a notch in a tree will remain the
same distance from the ground
as the tree grows? True fact!



Bare Bum Test

Take a look through the pages of old gardening books and you may find reference to the "Bare Bum test", a method gardeners would use to see if soil temperatures were warm enough to sow seeds. Simply pull down your pants and if the soil is warm enough to sit on, it should be warm enough to plant.

Why do potatoes make good detectives?
Because they keep their eyes peeled.

	4	3	1			
	8		7	4	2	
				7		
4	6	5				
						5
5				1		
	3		6			9
8		2				
	9			3	7	

Harvest Word Scramble



- HCIZUICN _____
- SRELYPA _____
- OTPOTA _____
- MOTTOA _____
- RGAOARTN _____
- RCATOR _____
- IRAPNSP _____
- VYRSAO _____
- MECURUCB _____
- ETSEB _____
- KMPUIPN _____
- HSUSQA _____
- MTYEH _____
- PRPEPE _____
- NONIO _____
- NTMI _____
- ASPE _____
- ENOROAG _____
- LTEEWOANMR _____
- NOCR _____

Want something fun to do with your spare time?

We are looking for a new "Fun Page" submitter

Fall Word Search

R V A U T U H N D C B A M S A F M
C S C A R E C R O W S E Q U I L L Y
V T E F X U S K F O O T B A L L Y
C S Q E L P H E R I U Y A H Z N U R R
O L R A P S O I C Q B K Y L L I N G C
D F E U N Z P L O L L B A B M G D
R K F M J G N E R L A I Q U Z M
S H X P H Q J A U P H P H F O R L
Q E A K C I V Z E L P P A K G R X
U T J I G E C O R H M A Z E E J M
E A A N S S K L A T S M R O C T U R
K R M G T T S E V R A H S X P R
A G Z H Q N X M P Q U A E C G O N A
R I G L K C M M B H U M L S M V R
P M G V J K U E P F C B A C O R H
N C I D E R U B O H F I R E Y Q F

acorn

apple

autumn

blanket

bonfire

chilly

cider

colors

corn

corn maze

cornstalks

football

frost

harvest

hay ride

leaves

migrate

pumpkin

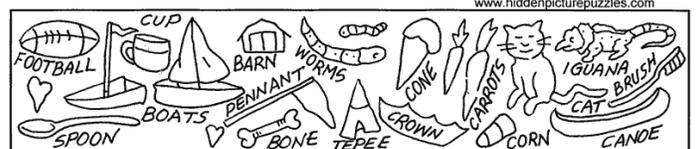
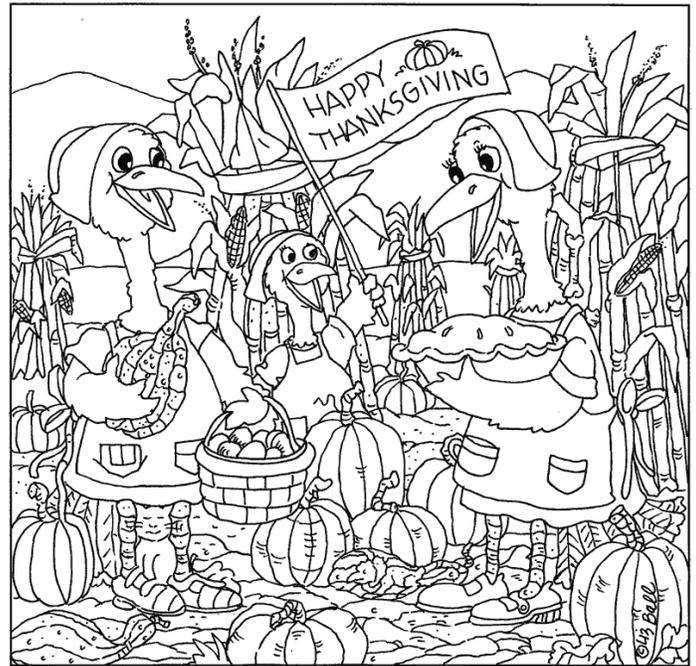
quilt

rake

scarecrow

squirrel

- Q: Who helps the little pumpkins cross the road to school?
A: The Crossing Gourd
- Q: What is a scarecrow's favorite fruit?
A: Straw-berries.



October 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1  International Day of Older Persons	2	3	4	5 
6 Church 10:30 a.m.	7	8 BINGO 6:30 Early 6:45 Regular	9  <small>National Bring Your Teddy Bear To Work and School Day</small>	10	11	12
13  Church 10:30 a.m.	14  Thanksgiving	15 Chipper Day	16	17	18	19
20 Church 10:30 a.m.	21 	22	23 FireSmart Workshop	24 Workshop continues	25  Sourest Day	26
27  Church 10:30 a.m.	28	29	30 Wasa Recreation Society Mtg	31  Trunk or Treat 5-7:30 pm Halloween		

LEGEND.

Church Service 10:30 am BINGO 6:30 pm
 Rec Society 7:00 pm Lions 7:00 pm
 Quilters 10 am - 4 pm
 Library Tuesdays 11 am - 1 pm
 TOPS Fri 8:30 am Weigh in & Mtg. 9 -10 am
 Armchair Traveller 7:30 pm

Special Events and Days Down the Road

- Second Tuesday, October 8 - Bingo
- October 15 - Chipper Day
- October 23/24 - FireSmart Workshop Days Inn, Cranbrook
- Last Wednesday, October 30 - Wasa Recreation Society Mtg.
- October 31 - Trunk or Treat 5-7:30 pm

NUMBERS AT A GLANCE

Ashram Meditation & Yoga.....	250.422.9327
Brunos Plumbing.....	250.342.5105
Catamount Contracting.....	250.422.3694
Cranbrook/Kimberley Hospice.....	250.417.2019
Econobuilt.....	250.421.7813
EMERGENCY.....	1.800.663.5555 (*5555)
Hi Heat Insulating.....	250.422.3457
HD Railings.....	250.422.3457
Kootenay Kwik Print.....	250.489.4213
Kootenay Monument Installations.....	422.3414
Lantz Farm (Hay).....	250.420.1660
Rascal Dock Systems.....	250.421.1746
TOPS.....	778.524.0012.....422.3686
Wasa Hall.....	250.422.3514.....422.3795
Wasa Hardware & Building Ctr....	250.422.3123
Wasa Lake Gas & Food.....	250.422.9271
Wasa Lions Med Eqp...250.422.3227..	422.3499
Wasa Lions Trail Donations.....	250.422.3773
Wasa Memorial Garden (Pat Walkey)..	422.3530
Wasa Post Office.....	250.422.3122

